



## SPORTS MEDICINE 30 COURSE OUTLINE

**INSTRUCTOR:** Mr. Kirk

Sports Med 30 program is a unique and final step in the Sports Medicine progression of courses. SM30 students will be applying knowledge gained with anatomy and injuries in the past 2 years to a series of student directed projects and in-class work. SM30 students will largely be working independently throughout the semester, with a series of balances and checks to ensure students are using their time effectively. The program will combine a focus of anatomy and injury with in-depth analysis and discussion on issues in sport that are prevalent in our current national and international sporting culture.

**PRE-REQUISITE:** Each module has a variety of pre-requisites that must be met.

**FEE:** Course fee is required. See BCHS course fees sheet.

### ATTENDANCE/ LATES

- ☐ It is the expectation that students will attend all classes. Any class work, quizzes, assignments, or labs that are missed are the responsibility of the *student* to catch up on. It is the *student's* responsibility to approach their teacher to find out what they've missed and proceed to get caught up. Missed tests/quizzes will be written *the next day* the student is present.

### EXPECTED LEARNER OUTCOMES

- ☐ Apply both theory and practical knowledge learned in SM10 and 20 through various self directed assignments and presentations.
- ☐ Gain understanding into some of the issues in current sport culture.
- ☐ Identify and analyze components of fitness, body structure and training as they apply to different sports.
- ☐ Gain understanding of the roles an events director and coach performs.
- ☐ Enhance presentation and leadership skills.
- ☐ Review practical components of first aid and treatment of athletic injuries through in class labs and training hours with sports teams/clinics.

### COURSE EVALUATION

We will be doing *five* modules from the following (1 Credit Each):

1. HCS 3910: PROJECT D - CLINICAL MODALITIES \*
2. HCS 3920: PROJECT E - TRAINING FACILITIES/CAREERS \*
3. REC 3010: HUMAN MOVEMENT
4. REC 3020: INJURY MANAGEMENT 3
5. HCS 3020: FIRST RESPONDER

*Each Module will be broken down as close to the following format as is appropriate:*

<input type="checkbox"/> Unit/Module Tests	20%
<input type="checkbox"/> Assignments	40%
<input type="checkbox"/> Presentations/Practical Applications	20%
<input type="checkbox"/> Professionalism	10%
<input type="checkbox"/> Quiz	10%

\*HCS 3910, 3920 Project - 75% Classwork - 15% Professionalism - 10%

### **INTERVENTION WEEK:**

It is the responsibility of the student to complete assignments, quiz, test materials to maximize their learning. Appropriate time frames to complete this are required in order to provide meaningful feedback for assessment. After consulting with the teacher, students may coordinate assessments that can be completed if they require additional attention. Students should not rely on this as a way to “complete the instruction of a course”, rather approach it as a means of supporting their learning.

**APPEALS:** Refer to the Bert Church Student Site